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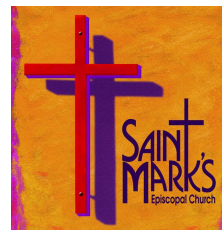
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The Messenger of St. Mark's | After Pentecost | August 22, 2024

For your thought:

The Lord is near to the brokenhearted and will save those whose spirits are crushed.

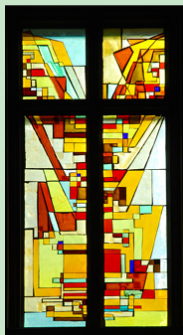
--Psalm 34:18



[Study this Sunday's Readings.](#)

Lectionary Note: From 6/2 until Advent (12/1), we will be reading from Track 1 for our Old Testament readings - Psalms, Epistle and Gospel readings will be from Track 2.

WORSHIP CORNER



Worship on Sunday is both in person and virtually, every week at 9:30 a.m. We live stream Sunday liturgies on our [Facebook](#) & [YouTube](#) channels.

Also, we offer a Midweek Eucharist every Thursday at 11 a.m. that is both in person and on our live-streaming platforms.

[Orders of Worship](#)

This Sunday's Coffee Hour brought to you by:

The 4th-Sunday-of-the-Month Team (all parishioners with the last names beginning with the letters S-Z are asked to please bring ready-to-serve snacks to share this Sunday for Coffee Hour).



[All Offerings](#)

Useful links:

- [Fill out a form](#) to volunteer, donate altar flowers, fill out a new member/visitor form, and more!
- Access and/or edit your [Member Directory](#) information.
- To read or view [previous sermons](#), [click here](#).
- Schedule a meeting with Mother Sylvia [by clicking here](#).

Important Upcoming Dates:

- Sun., Aug. 25, 11:15 a.m., Ministry Sharing at St. Mark's (Sunday Morning Ministries)
- Sat., Aug. 31, New Parish Hall All Media Art Exhibit Starts
- Sun., Sept. 1, We all share one cup for Eucharist this day, & going forward
- Sun., Sept. 1, 11:15 a.m., Storytelling Practice Group, session 2 (location TBD)
- Mon., Sept. 2, Labor Day (Offices Closed)
- Sat., Sept. 7, Sat., 11 a.m., Church Unbound Sandwich Making (In person/kitchen)
- Sun., Sept. 8, 11 a.m., Bring Lunches for Church Unbound from Undercroft (In Person/Undercroft)
- Sun., Sept. 15, 6 p.m., Storytelling Sharing Event (In Person/library)

SAINT MARK'S MISSION, MINISTRY & OUTREACH

Ministry Sharing at St. Mark's!

St. Mark's is a warm, welcoming, worshipping community committed to sharing God's love within and beyond the walls of the Church. *Each* person has been gifted and called by God to share in the ministry of the church, and it takes *all* of us working together to be the Church God is calling us to be!

Many of our most crucial ministries happen "behind the scenes" and/or beyond Sunday mornings... so these ministries often remain largely invisible to members of the St. Mark's community.



As we prepare for the fall, we want to take an opportunity to "pull back the curtain" on a few of our *many* important ministries at St. Mark's. We are asking *all* visitors and members of St. Mark's to come learn more about one of St. Mark's ministries **during the "Formation Hour" (11:15 a.m.-12:15 p.m., after worship and coffee hour) on Sunday 8/25.**

On Sunday, August 25th we'll focus on 3 of St. Mark's crucial Sunday Morning Ministries:

- Altar Guild
- AV Team
- Children & Youth Ministry

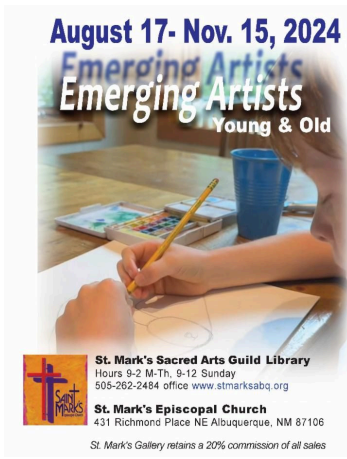
Come learn more about St. Mark's ministries: why they're important, how they work, and how you might get involved!

Check Out the Latest Art Show in the Library

Our new Library Exhibit has blossomed out of people's love of art - from all skill levels, all ages, and all art media.

This new mini-gallery exhibit will run in the Library from Saturday, August 17-Mid-November.

Next time you're at St. Mark's, check out the new art show!



Artwork Wanted for the All-Media Art Exhibit in the Parish Hall

The Gallery of the St. Mark's Episcopal Church is pleased to offer you the opportunity to exhibit your work in the Sacred Arts Gallery.

Dates of Exhibit: Saturday, August 31, 2024 to Saturday, November 30, 2024.
All media accepted.

EXHIBITION AGREEMENT See [Prospectus/agreement and exhibit flyer here](#) - Required.



Each artist is allowed to submit up to 2 (two) standard pieces, no larger than 30" wide. Length is less of a problem. Should we have additional space available, you will be notified of the opportunity to display an additional piece approximately two - three weeks before the show begins. We can accommodate approximately 40 pieces of wall art.

Thank you for your interest and we look forward to your participation. Email Lisa Newell with questions [via email here](#).

St. Mark's Sacred Arts Guild.

GIVE TO ST. MARK'S



Give by mail (St. Mark's has a secure mailbox and is checked regularly). Send to: 431 Richmond Place NE, Albuquerque, NM 87106.



Give electronically through [By PayPal@](#).

Please consider checking the box that reads, "I'd like to add to my donation to help offset the cost of processing."



Give electronically through the [Diocese of the Rio Grande Parish Donation site](#) and check the box next to "Albuquerque-St. Mark's".

Just fill out the rest of the information and **click the Next button at the bottom of the page. Please make sure fill out "special instructions or comment" to let us know how to apply your gift** (e.g., pledge, congregational relief fund, etc.).

ST. MARK'S MONTESSORI SCHOOL

Aloha from SMMS!



Our school life is more enriched and beautiful when we experience the history and culture of our neighbors - thank you Cindy Hefner and Ha'aheo O Hawai'i for sharing your aloha with us!

DIOCESE & BEYOND

Check Your Voter Information

It's a good idea to check your voter registration to make sure you voter information is correct, get an absentee ballot, check that your registration is active, and to see where/when you may vote. There's still time to register to vote in the general election on November 6, 2024. Do all of that and more, below:

- [New Mexico residents](#)
- [All other US States/Territories](#)



Church Women United: Human Rights Day Celebration



Church Women United, an ecumenical Christian women's group, will be meeting for their Human Rights Day Celebration on Friday, September 6th at Second Presbyterian Church, 812 Edith Blvd NE. The theme is "Act Justly", based on Matthew 5:9—"Blessed are the peacemakers, for they will be called God's children". Rev. Jesse Dompree, pastor of

Grant Chapel A.M.E. Church, will be sharing information on the Martin Luther King Day

breakfast held annually with a noted speaker, the Grant Chapel choir, the awarding of scholarships to deserving students, etc. In addition, Rev. Billiejune Simmons, CWU Southwest Regional Coordinator, will also be with us and participating in the program Coffee fellowship begins at 9:30 a.m., followed by the program. After the service, plan to stay for a light New Mexican luncheon served by the women of Second Presbyterian. Please join us and bring a friend! Questions? Contact Marilyn Stoops 505-265-8358 or [via email here](#).

Powerful Tools for Caregivers

Powerful Tools for Caregivers is a *free* six-week educational program designed to help family caregivers. You will learn how to take care of yourself while caring for a relative or friend, wherever they live: at home, in a facility, or across the country.

- Learn new self-care techniques
- Manage emotions like guilt and anger
- Improve confidence in coping with caregiving demands
- Learn about community resources that may be of service to you



Participants receive a free copy of The Caregiver Helpbook. Participants who complete the course receive a food/gas card.

We offer this course in person and online.

In person during the day:

Day and Time: Tuesdays, 11:00am – 12:30pm

Dates: Sept. 17, Sept. 24, Oct. 1, Oct. 8, Oct. 15, Oct. 22

Location: North Valley Senior Center

[3825 4th NW, Albuquerque, NM 87107](#)

Online in the evening:

Day and Time: Tuesdays, 5:30pm-7:00pm

Dates: Oct. 8, Oct. 15, Oct. 22, Oct. 29, Nov. 5, Nov. 12

Location: Zoom

Online during the day:

Day and Time: Wednesdays, 1:00 pm-2:30 pm

Dates: Oct. 9, Oct. 16, Oct. 23, Oct. 30, Oct. 6, Oct. 13

Location: Zoom

Registration is required. Register now by calling (505) 584-7862 or emailing dana@familycaregivernm.org.

[See the attached flyer for more information.](#)



All are welcome to join us for worship during our Thursday 11 a.m. midweek Holy Eucharists and our Sunday Holy Eucharists at 9:30 a.m. You may join us in person or on Facebook & YouTube.
Come as you are!

Email submissions should be sent ([via email](#)) to the Communications Specialist by 9:00 a.m. each Wednesday for inclusion on Thursday's e-news.

www.stmarksabq.org

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St Mark's Episcopal Church | 431 Richmond Place NE | Albuquerque, NM 87106 US

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